

Download Basic Counselling Skills Training Manual

Basic Personal Counselling is an easy to read introduction to counselling that reflects current best practice. It teaches core interviewing skills and provides a framework of practical examples and training group exercises to enable students to progressively build a skill repertoire. Training requirements. Basic training is essential for all HIV testing and counselling staff members, including reception and administrative staff, and for lay volunteers working in conjunction with formal health service sites and community-based health services. Counselling Skills. is a skill and an attitude and not a feeling (sympathy is a feeling). It is about being able and willing to understand another person from their own point of view, without your own thoughts, feelings, opinions and judgements getting in the way of this understanding. This can be difficult if you have a strong reaction to someone, or if you disagree with what they are saying ...

MICRO COUNSELLING BASIC INFLUENCING SKILLS HELPING AS INTERPERSONAL INFLUENCE Helping may be for better or for worse. What a helper says to another person inevitably influences what happens