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This book represents a significant effort to de-mystify, de-medicalize, and reclaim important aspects of the human condition.' -Kenneth D. Keith, Professor, Department of Psychological Sciences, University of San Diego, USA 'De-Medicalizing Misery has assembled an impressive cast of leading mental health experts. This book represents a significant effort to de-mystify, de-medicalize, and reclaim important aspects of the human condition.' -Kenneth D. Keith, Professor, Department of Psychological Sciences, University of San Diego, USA 'De-Medicalizing Misery has assembled an impressive cast of leading mental health experts. De-Medicalizing Misery focuses almost exclusively on psychology and psychiatry, and so neglects the presence of a range of health and social care professions that support the prestige of the psychiatric hierarchy. 'De-Medicalizing Misery has assembled an impressive cast of leading mental health experts. Together they challenge the simplistic and pessimistic biological model of human distress that has, with eager support from the pharmaceutical industry, dominated the mental health field for far too long.