

Download Intimate Attachments Toward A New Self Psychology

"Shane, Shane and Gales' new book, *Intimate Attachments*, is a brilliant integration of systems theory, attachment research and self psychology. Their application of the theory of bi-directional co-construction to the clinical encounter, and to the role of a mutual intimate attachment in therapeutic change, richly expands our understanding of the analyst's as well as the patient's development. *Intimate Attachments: Toward a New Self Psychology*. The authors integrate current findings in self psychology, attachment and infant research, and developmental systems theory to demonstrate the transformative power of interpersonal sharing between both members of the dyad. Interweaving conceptual material and careful guidelines for practice...“Shane, Shane and Gales' new book, *Intimate Attachments*, is a brilliant integration of systems theory, attachment research and self psychology. Their application of the theory of bi-directional co-construction to the clinical encounter, and to the role of a mutual intimate attachment in therapeutic change, richly expands our understanding of the analyst's as well as the patient's development. *Intimate Attachments : Toward a New Self Psychology* by Morton Shane and Estelle Shane and Mary Gales Overview - Offering new ways of thinking about the intimate connections between analyst and patient, this lucid, clinically oriented volume presents an innovative model of psychoanalytic change.