

# Download Pre Employment Physical

1. Age at time of test. 2. THE PUSH-UP TEST PROTOCOL (Male and Female) (Maximum number performed within 1 minute without stopping): Participant begins the push-up by assuming the front-leaning rest position with hands placed just outside the straight line down from the shoulders. MINNESOTA LAW For more information, see When Can an Employer Give a Pre-Employment Physical? A Minnesota employer may require an applicant, as a condition of hire, to submit to a pre-employment physical exam, which may include a medical history, if: The applicant (except for certain peace officer applicants) has first received an offer of ... This Pre-employment Fitness Test-1 Physical Readiness Program provides you with a six-week standardized training program designed to help you successfully pass the CBP Officer PFT-1. Most of the rules pertaining to pre-employment physical exams are covered by the Americans With Disabilities Act. The Americans With Disabilities Act (ADA) applies to private companies with fifteen or more employees.