

Download Review Of Manual Muscle Testing

Applied kinesiology (AK) is a technique in alternative medicine claimed to be able to diagnose illness or choose treatment by testing muscles for strength and weakness.. According to their guidelines on allergy diagnostic testing, the American College of Allergy, Asthma and Immunology stated there is "no evidence of diagnostic validity" of applied kinesiology. An assessment of muscle strength is typically performed as part of a patient's objective assessment. This should assist the physiotherapist's clinical reasoning and enable them to reason an appropriate point to begin strengthening rehabilitation from. Muscle strength can be assessed by a number of methods: manually, functionally or mechanically. [1]Applied Kinesiology: Phony Muscle-Testing for "Allergies" and "Nutrient Deficiencies" Stephen Barrett, M.D. Applied kinesiology (AK) is the term most commonly used to identify a pseudoscientific system of muscle-testing and therapy. Manual therapy, or manipulative therapy, is a physical treatment primarily used by physical therapists, physiotherapists to treat musculoskeletal pain and disability; it most includes kneading and manipulation of muscles, joint mobilization and joint manipulation. It's also used by occupational therapists, chiropractors, massage therapists, athletic trainers, osteopaths, and physicians