

Download Superfood Cuisine Cooking With Natures Most Amazing Foods

Garlic (*Allium sativum*) is a plant used in cooking and medicine, best known for its distinctive flavor and aroma. While frequently used as a seasoning, garlic is technically a vegetable. A member of the Allium family, it's a close relative of onions, shallots, leeks, and chives. All orders should arrive within 1-6* business days anywhere in Canada after processing is done at our warehouse. Once your order is processed, we will charge your credit card and you will be e-mailed your tracking number. Navigate easily around the Holland and Barrett site using our Quick Links Sitemap. Jessica Simpson Full Skirt Tank Dress w/ Embroidery Back Panel Frye Vintage Stud Clutch Screamin Green Crayola Eyelashes Stadium Soccer Crew