

Download The Divided Mind The Epidemic Of Mindbody Disorders

John Ernest Sarno Jr. (June 23, 1923 – June 22, 2017) was Professor of Rehabilitation Medicine, New York University School of Medicine, and attending physician at the Howard A. Rusk Institute of Rehabilitation Medicine, New York University Medical Center. He graduated from Kalamazoo College, Kalamazoo, Michigan in 1943, and Columbia University College of Physicians and Surgeons in 1950. Tension myositis syndrome (TMS), also known as tension myoneural syndrome or mindbody syndrome is a name given by John E. Sarno to a condition he described as characterized by psychogenic musculoskeletal and nerve symptoms, most notably back pain. Sarno, a Professor of Clinical Rehabilitation Medicine at New York University School of Medicine and attending physician at The Rusk Institute of ... Arnold Bloch, LCSW Arnold Bloch, LCSW has been in practice for over 25 years, during which time he has seen over 200 clients with TMS. He holds a master's degree in social work from the University of Southern California, and studied under long-time TMS therapist, Don Dubin, MFT. Bloch has a close working relationship with David Schechter, MD who himself has seen over 1000 patients with TMS. Welcome to Healing From Inside. Our mission is to share stories about psychosomatic illness. Psychosomatic (or Mind-Body) illness is an epidemic in North America, and learning about it is the first step to recovery.